

SBS-ANL-SBS1996-110796138_A5 5.0 "Longlife-01"

Fgst-Nr: C773389	Fahrzeug: 5' / F10 / SEDAN / M5 / S63 / USA / LL / MANUAL / 2012 / 8
Systemversion: 1.1.0	Datenversion: 2.33

Enclosure 5 to SI 11 07 96 (138), edition 03/2010**5.0 "Longlife-01"**Approved for the following BMW engines: [Please refer to Enclosure 3.](#)**5.1 BMW Longlife-01 oils available from BMW Parts:**

BMW Quality Longlife-01 SAE 0W-40 (fully synthetic) ACEA: A3/B3, EC II

Trade name	BMW part number	Container size
BMW Quality Longlife-01	83 21 0 144 456	1 litre
BMW Quality Longlife-01	83 21 0 144 458	208 litres
BMW Quality Longlife-01	83 21 0 144 459	Tanker (truck)

BMW Quality Longlife-01 SAE 5W-30 (fully synthetic) ACEA: A3/B3, EC II

Trade name	BMW part number	Container size
BMW Quality Longlife-01	83 21 0 144 450	1 litre
BMW Quality Longlife-01	83 21 0 144 452	208 litres
BMW Quality Longlife-01	83 21 0 144 453	Tanker (truck)

MINI Quality Longlife-01 SAE 5W-30 (fully synthetic) ACEA: A3/B3, EC II

Note:

Discontinued from Parts Catalogue. Superseded by Longlife-04 SAE 5W-30

5.2 Names of approved Longlife-01 oils:

Trade name	Viscosity	Manufacturer/Supplier
ADDINOL Eco light	SAE 5W-40	Addinol Lube Oil GmbH
ADDINOL Super power MV 0537	SAE 5W-30	Addinol Lube Oil GmbH
ADDINOL Super light MV 0546	SAE 5W-40	Addinol Lube Oil GmbH
Adnoc Image	SAE 5W-30	Abu Dhabi National Oil Co.
Agip Formula LL B 01	SAE 0W-30	ENI S.p.A.Refining and Marketing Division
Agip Sint 2000 Evolution	SAE 5W-40	ENI S.p.A.Refining and Marketing Division
Agip TECSINT SL	SAE 5W-40	ENI S.p.A.Refining and Marketing Division
ALPINE Longlife	SAE 5W-30	Mitan Mineralöl GmbH
Alpine RS	SAE 0W-30	Mitan Mineralöl GmbH

Alpine RS	SAE 0W-40	Mitan Mineralöl GmbH
Aral High Tronic M	SAE 5W-40	Aral AG
Aral SuperSynth	SAE 0W-40	Aral AG
Aral SuperTronic G	SAE 0W-30	Aral AG
Avia Synth	SAE 5W-40	Avia Mineralöl AG
Aviaticon Unique DC	SAE 5W-30	Finke Mineralölwerk GmbH
AXCL S-Class Motor Oil	SAE 5W-30	AXCL Gulf FZE
Biloxxi	SAE 5W-30	MCC Trading Deutschland GmbH
BP Super V Plus	SAE 5W-40	BP Oil International
BP Visco 5000	SAE 5W-30	BP Oil International
BP Visco 7000 M	SAE 0W-30	BP Oil International
Castrol Edge 0W-40 A3/B4	SAE 0W-40	Castrol Limited
Castrol Edge 5W-30 A3/B4	SAE 5W-30	Castrol Limited
Castrol Edge 5W-40 SN	SAE 5W-40	Castrol Limited
Castrol Edge Pick up	SAE 5W-30	Castrol Limited
Castrol Edge Professional A3	SAE 5W-40	Castrol Limited
Castrol Edge Professional A3	SAE 0W-30	Castrol Limited
Castrol Edge Professional A3	SAE 0W-40	Castrol Limited
Castrol Edge Professional A3	SAE 5W-30	Castrol Limited
Castrol Edge Professional BMW LL01	SAE 5W-30	Castrol Limited
Castrol Edge Professional BMW LL01	SAE 5W-40	Castrol Limited
Castrol Edge Professional BMW LL01	SAE 0W-40	Castrol Limited
Castrol Edge Professional OE	SAE 5W-40	Castrol Limited
Castrol Edge with SPT	SAE 0W-30	Castrol Limited
Castrol Edge with SPT	SAE 5W-40	Castrol Limited
Castrol Edge Titanium	SAE 5W-40	Castrol Limited
Castrol Edge 0W-30 A3/B4	SAE 0W-30	Castrol Limited
Castrol Magnatec 5W-30 A3/B4	SAE 5W-30	Castrol Limited
Castrol Magnatec 5W-40 A3/B4	SAE 5W-40	Castrol Limited
Castrol Magnatec Professional A3	SAE 5W-30	Castrol Limited
Castrol SLX Longtec	SAE 0W-30	Castrol Limited
Castrol SLX ProfessionalA3	SAE 0W-30	Castrol Limited
Castrol SLX ProfessionalA3	SAE 0W-40	Castrol Limited
Castrol SLX Professional Longtec	SAE 0W-30	Castrol Limited
Castrol SLX Professional Longtec	SAE 0W-40	Castrol Limited
Castrol SLX Professional Longtec BMW LL01	SAE 0W-30	Castrol Limited

Castrol SLX Professional Longtec BMW LL01	SAE 5W-30	Castrol Limited
Castrol SLX Professional Longtec BMW LL01	SAE 5W-40	Castrol Limited
Castrol Syntec 0W-30 European Formula	SAE 0W-30	Castrol Limited
Cepsa Star Mega Synthetic	SAE 0W-30	Cepsa Lubricantes S.A.
Cepsa Star Mega Synthetic	SAE 5W-30	Cepsa Lubricantes S.A.
Divinol Syntholight	SAE 0W-40	Zeller+Gmelin
Econo Veritas OM Extra	SAE 0W-30	Ölwerke Julius Schindler
Elf Evolution	SAE 5W-40	Total
Elf Evolution Turbo	SAE 5W-40	Total
Elf Excellium	SAE 0W-30	Total
Elf Excellium Full-Tech	SAE 0W-30	Total
Elf Excellium Full-Tech	SAE 5W-40	Total
eni i-Sint	SAE 5W-40	eni S.p.A
Enoc Protec Xtreme	SAE 5W-40	Emirates National Oil Cy
Esso Ultron	SAE 5W-40	ExxonMobil
Esso Ultron Turbo Diesel	SAE 5W-40	ExxonMobil
Eurol Super Lite	SAE 5W-40	Eurol BV
Evolution OEM Series-01	SAE 5W-30	Top Oil 1 Products Company
Evolution OEM Series-01	SAE 5W-40	Top Oil 1 Products Company
Fina First 600	SAE 0W-30	Total
Galp Active 3000 M	SAE 5W-40	Petrogal SA
Galp Energy Plus	SAE 5W-40	Petrogal SA
Galp Formula XLD	SAE 5W-30	Petrogal SA
Galp Formula XLD	SAE 5W-40	Petrogal SA
G-Energy F Synth	SAE 5W-30	Gazpromneft-lubricants Ltd.
G-Energy F Synth	SAE 5W-40	Gazpromneft-lubricants Ltd.
G-Energy Service Line MS	SAE 5W-30	Gazpromneft-lubricants Ltd.
Gulf Formula Extreme	SAE 0W-30	S.A. Espanola de Lubrificantes
Gulf Formula GX	SAE 5W-30	S.A. Espanola de Lubrificantes
Gulf Formula GX	SAE 5W-40	S.A. Espanola de Lubrificantes
Gulf Formula S	SAE 5W-40	S.A. Espanola de Lubrificantes
Havoline Synthetic BM	SAE 0W-30	ChevronTexaco
Havoline Ultra BM	SAE 5W-30	ChevronTexaco
High Star	SAE 5W-40	Addinol Lube Oil GmbH
Igol Process Compact P	SAE 5W-30	Igol France S.A.
INA Futura MB	SAE 5W-30	INA Maziva Rijeka
IP Sintiax Motor Oil Excel	SAE 5W-40	Italiana Petroli

Kendall GT-1 Full Synthetic Motor Oil	SAE 5W-40	Kendall Motor Oil
KIXX PAO LL01	SAE 5W-30	GS Caltex Corporation
KIXX PAO LL01	SAE 5W-40	GS Caltex Corporation
Labo RC	SAE 0W-30	Fuchs Labo Auto S.A.
Liqui Moly Leichtlauf High Tech	SAE 5W-40	Liqui Moly
Liqui Moly Leichtlauf Special LL	SAE 5W-30	Liqui Moly
Liqui Moly Pro-Engine M300	SAE 5W-30	Liqui Moly
Lotos Syntetic Plus	SAE 5W-40	Lotos Oil S.A.
Lotos Syntetic Turbodiesel Plus	SAE 5W-40	Lotos Oil S.A.
Lukoil Luxe Synthetic	SAE 5W-40	OOO "LLK-International"
Masteroil v-tec Premium	SAE 0W-40	Interparts Autoteile GmbH
MDX Mega Plus	SAE 5W-40	AD Parts
Megol Motorenoel High Condition	SAE 5W-40	Meguín GmbH & Co.KG
Megol Motorenoel Quality	SAE 5W-30	Meguín GmbH & Co.KG
Meisteröl LL	SAE 5W-30	EPRO GmbH
Meister-Öl Premium-Motorenöl	SAE 0W-40	Ölwerke Julius Schindler GmbH
Midland(R) Syngon	SAE 5W-40	Oel-Brack AG
Mobil 1	SAE 0W-40	ExxonMobil
Mobil 1 Arctic	SAE 0W-40	ExxonMobil
Mobil 1 New Life	SAE 0W-40	ExxonMobil
Mobil 1 Turbo Diesel	SAE 0W-40	ExxonMobil
Mobil Formula X2	SAE 5W-40	ExxonMobil
Mobil Oil SM	SAE 5W-40	Translation Blenders B.V.
Mobil Super 3000 X1	SAE 5W-40	ExxonMobil
Mobil Super 3000 X1 Diesel	SAE 5W-40	ExxonMobil
Mobil Super 3000 X2	SAE 5W-40	ExxonMobil
Mobil Super 3000 X2 Turbo Diesel	SAE 5W-40	ExxonMobil
Mobil Synt S	SAE 5W-40	ExxonMobil
Mobil Synt S Turbo Diesel	SAE 5W-40	ExxonMobil
Mol Dynamic Synt	SAE 5W-30	MOL-LUB Lubricant Ltd.
Motorex Profile B-XL	SAE 0W-30	Bucher AG
Motul Specific LL-01	SAE 5W-30	Motul S.A.
Motul Synergie	SAE 5W-40	Motul S.A.
Motul 8100 X-cess	SAE 5W-40	Motul S.A.
Motul 8100 X-max	SAE 5W-30	Motul S.A.
Motul 8100 X-max	SAE 5W-40	Motul S.A.
National Synthetic	SAE 5W-40	Pinnacle Oil, Inc.

Omera Lube 1	SAE 5W-40	MJL Bangladesh Ltd.
OMV Bixxol special BM	SAE 5W-30	OMV AG
OMV Bixxol special G	SAE 5W-30	OMV AG
Opaljet Longlife	SAE 5W-30	Unil Opal
Orlen Platinum Vollsynthese	SAE 0W-40	Orlen
Orlen star synt S	SAE 5W-40	Orlen
PAZ Extreme LL-01	SAE 5W-30	PAZ Lubricants & Chemicals
Panolin Exclusive BD	SAE 5W-30	Panolin AG
Pennzoil European Formula Ultra	SAE 5W-30	Pennzoil Quaker State
Pennzoil Platinum European Formula Ultra	SAE 5W-30	Pennzoil Quaker State
Pennzoil Ultra Euro	SAE 5W-40	Pennzoil Quaker State
Pennzoil Ultra Euro 5W-40 Full Synthetic Motor Oil	SAE 5W-40	Shell International Petroleum Co.
Pento High Performance	SAE 5W-30	Deutsche Pentosin-Werke
Pentospeed 0W-30 VS*	SAE 0W-30	Deutsche Pentosin-Werke
Petronas Syntium 3000	SAE 5W-40	Petronas Lubricants International
Petronas Syntium 3000 LL	SAE 5W-30	Petronas Lubricants International
Power Oil High-Tech-Schmierstoffe Vollsynth.	SAE 0W-40	Power Oil e.K.
Prista Ultra	SAE 5W-30	Prista Oil AD
Q8 Formula Excel	SAE 5W-40	Kuwait Petroleum
Q8 Formula Special	SAE 0W-30	Kuwait Petroleum
Quaker State DeLux Synthetic	SAE 5W-40	Pennzoil Quaker State
Quaker State Synquest	SAE 5W-40	Pennzoil Quaker State
Quaker State Ultimate Durability European Engine	SAE 5W-30	Shell International Petroleum Company
Quaker State Ultimate Durability European Full Synthetic Motor Oil	SAE 5W-40	Shell International Petroleum Company
Quaker State Ultimate Durability Euro 5W-40 Motor Oil	SAE 5W-40	Shell International Petroleum Company
Quantum Synta ED 0W-30	SAE 0W-30	Quantum
Q European Engine Ultra	SAE 5W-30	Pennzoil Quaker State
Q Horsepower Full Synthetic	SAE 5W-40	Pennzoil Quaker State
QS Ultimate Durability European	SAE 5W-40	Pennzoil Quaker State
QS Ultimate Durability European 5W-40 Full Synthetic Motor Oil	SAE 5W-40	Shell International Petroleum Company
Ravenol HCL	SAE 5W-30	Ravensbuger Schmierstoffvertrieb GmbH
real,- Quality GSR	SAE 5W-30	real,- Handels GmbH
Repsol Elite Common Rail	SAE 5W-30	Repsol YPF

Repsol Elite Competicion	SAE 5W-40	Repsol YPF
Shell Helix Diesel Ultra	SAE 5W-30	Shell International Petroleum Company
Shell Helix Diesel Ultra	SAE 0W-40	Shell International Petroleum Company
Shell Helix Diesel Ultra	SAE 5W-40	Shell International Petroleum Company
Shell Helix Diesel Ultra E	SAE 5W-30	Shell International Petroleum Company
Shell Helix HX6	SAE 5W-40	Shell International Petroleum Company
Shell Helix HX7	SAE 5W-40	Shell International Petroleum Company
Shell Helix HX7 C	SAE 5W-40	Shell International Petroleum Company
Shell Helix HX8	SAE 5W-40	Shell International Petroleum Company
Shell Helix HX8 C	SAE 0W-40	Shell International Petroleum Company
Shell Helix Ultec	SAE 0W-40	Shell International Petroleum Company
Shell Helix Ultra	SAE 5W-30	Shell International Petroleum Company
Shell Helix Ultra	SAE 0W-40	Shell International Petroleum Company
Shell Helix Ultra	SAE 5W-40	Shell International Petroleum Company
Shell Helix Ultra AB	SAE 5W-30	Shell International Petroleum Company
Shell Helix Ultra AL	SAE 5W-30	Shell International Petroleum Company
Shell Helix Ultra AM	SAE 5W-30	Shell International Petroleum Company
Shell Helix Ultra AM	SAE 5W-40	Shell International Petroleum Company
Shell Helix Ultra C	SAE 0W-40	Shell International Petroleum Company
Shell Helix Ultra E	SAE 5W-30	Shell International Petroleum Company
Shell Helix Ultra Extra Polar	SAE 0W-40	Shell International Petroleum Company
SPC Syn Ace	SAE 5W-40	Singapore Petroleum Company Ltd.
SRS VIVA 1 Longlife	SAE 5W-30	SRS Schmierstoff Vertrieb GmbH
SRS VIVA 1 topsynth alpha	SAE 5W-30	SRS Schmierstoff Vertrieb GmbH

Statoil LazerWay B	SAE 5W-30	Statoil Lubricants
Syneng	SAE 5W-40	Shell Tongyi (Beijing) Petroleum Chemical Co, Ltd.s
Synthetic PC	SAE 5W-30	eni S.p.A.
Synthetic PC	SAE 5W-40	eni S.p.A.
Tecar Leichtlauf engine oil	SAE 5W-40	Techno-Einkauf GmbH
Tecar Motorenöl Supersyn	SAE 0W-30	Techno-Einkauf GmbH
Titan Supersyn	SAE 0W-30	Fuchs Petrolub AG
Titan Supersyn Longlife	SAE 5W-30	Fuchs Petrolub AG
Titan Supersyn Longlife	SAE 5W-40	Fuchs Petrolub AG
TNK Magnum Ultratec	SAE 5W-40	TNK Lubricants, LLC
Tor Hypersynth	SAE 5W-40	De Oliebron
Tor Synthetic LL	SAE 5W-30	De Oliebron
Total Activa 9000	SAE 5W-40	Total
Total Activa 9000 Essence	SAE 5W-40	Total
Total Activa 9000 Diesel	SAE 5W-40	Total
Total Activa Energy 9000	SAE 0W-30	Total
Total quartz 9000	SAE 5W-40	Total
Total Quartz 9000 Energy	SAE 5W-40	Total
Total Quartz Energy 9000	SAE 0W-30	Total
Triathlon Formula LL	SAE 5W-30	Adolf Würth GmbH & Co.KG
Ultra Gold	SAE 5W-30	Greatwall Lube Oil Co. SINOPEC
United 1	SAE 5W-40	United Oil Company Pte. Ltd.
Valvoline SynPower	SAE 5W-30	Valvoline
Valvoline SynPower HST	SAE 5W-30	Valvoline
Valvoline SynPower HST	SAE 5W-40	Valvoline
Valvoline SynPower MXL	SAE 5W-30	Valvoline
Veedol Powertron LL01	SAE 5W-30	Veedol International
Veritas Syntolube	SAE 0W-40	Ölwerke Julius Schindler GmbH
Weco TXI Syntolube	SAE 5W-40	Weco
Wako's Super Synthe	SAE 0W-30	Wako Chemical Co. Ltd
Westfalen Gigatron	SAE 0W-40	Westfalen AG
Westfalen Megatron	SAE 5W-40	Westfalen AG
Yacco VX 1000	SAE 5W-40	Yacco S.A.S.
Yacco VX 1600	SAE 5W-30	Yacco S.A.S.
ZIC XQ	SAE 5W-40	SK Energy Co., Ltd.
76 Pure Synthetic Motor Oil	SAE 5W-40	76 Lubricants Company

BMW recommends Castrol.

Status 03/2010